

**ANNUAL EVALUATION**  
for  
**WC SCHOOL WELLNESS PLAN 2017-2018**

SCHOOL BRES

COMPLETED BY L Clark

On a scale of 1 – 10, with 1 being the least and 10 being the most, evaluate your school's implementation of the Wellness Plan during the ~~2013-2014~~ school year.  
2017-2018

**NUTRITION EDUCATION**

1. Nutrition education was implemented into the health education and core curriculum of all grades.

1 2 3 4 5 (6) 7 8 9 10

2. Nutrition education was incorporated into the School Nutrition Program through signage, posters, monthly menus, or other means.

1 2 3 4 5 6 7 8 (9) 10

3. Students with special, documented dietary needs were served according to their needs.

1 2 3 4 5 6 7 8 9 (10)

4. Wellness information was made available to parents through newsletters, signage, and other forms of communication.

1 2 3 4 5 6 (7) 8 9 10

5. The Georgia Health Education Curriculum was followed.

1 2 3 4 5 6 7 8 9 10 N/A

In your opinion, what area(s) of nutrition education need(s) improvement in your school?

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## PHYSICAL ACTIVITY

1. Allotted time for physical education meets state standards for all grades.

1 2 3 4 5 6 7 8 9 (10)

2. There is adequate equipment for all students to use in physical education classes.

1 2 3 4 5 6 7 8 9 (10)

3. Physical education is always allowed for every student, and is never cancelled for make-up instructional time or withheld as a consequence for inappropriate behavior.

1 2 3 4 5 6 7 8 9 (10)

4. Students are encouraged to participate in school and extracurricular activities that encourage physical activity such as Jump Rope for Heart, Relay for Life, recreation department activities, etc.

1 2 3 4 5 6 7 8 9 (10)

5. Physical education includes classroom instruction and periodic fitness assessments.

1 2 3 4 5 6 7 8 9 (10)

In your opinion, what area(s) of physical education need(s) improvement in your school?

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## SCHOOL-BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS

1. Student and staff practice good wellness habits, including hand washing.

1 2 3 4 5 6 (7) 8 9 10

2. School nurses provide training that promotes wellness.

1 2 3 4 5 6 7 8 9 (10)

3. Breakfast, lunch, and afterschool meals provide nutritious meals that promote wellness and are available to all students wishing to participate.

1 2 3 4 5 6 7 8 9 (10)

4. Staff has opportunity to participate in nutrition and physical education classes.

1 2 3 4 5 6 (7) 8 9 10

5. School nurse conducts regular screenings of health related issues such as hearing, vision, and scoliosis.

1 2 3 4 5 6 (7) 8 9 10

In your opinion, what area(s) of school based activities relating to student wellness need(s) improvement in your school?

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### **NUTRITION STANDARDS OF ALL FOODS SERVED AND SOLD ON CAMPUS**

1. School adheres to Washington County BOE Policy on competitive foods and foods of minimum nutritional value.

1 2 3 4 5 6 7 8 9 (10)

2. School lunch, breakfast, and snack meals meet most recent federal guidelines.

1 2 3 4 5 6 7 8 9 (10)

3. Parents and students are surveyed about their nutritional needs at school.

(1) 2 3 4 5 6 7 8 9 10

4. Lunch meals are scheduled as near traditional lunch times as possible and students are provided adequate time to eat the meal after being seated.

1 2 3 4 5 6 7 8 9 (10)

5. Outside foods and beverages brought by students and staff restrict commercial advertising.

(1) 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of campus nutrition standards need(s) improvement in your school?

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