

ANNUAL EVALUATION  
for  
WC SCHOOL WELLNESS PLAN 2017-2018

SCHOOL T.J Elder Middle School  
COMPLETED BY Dr. Darryl Gilbert

On a scale of 1 – 10, with 1 being the least and 10 being the most, evaluate your school's implementation of the Wellness Plan during the 2013-2014 school year.

NUTRITION EDUCATION

1. Nutrition education was implemented into the health education and core curriculum of all grades.

1 2 3 4 5 6 7 8 9 10

2. Nutrition education was incorporated into the School Nutrition Program through signage, posters, monthly menus, or other means.

1 2 3 4 5 6 7 8 9 10

3. Students with special, documented dietary needs were served according to their needs.

1 2 3 4 5 6 7 8 9 10

4. Wellness information was made available to parents through newsletters, signage, and other forms of communication.

1 2 3 4 5 6 7 8 9 10

5. The Georgia Health Education Curriculum was followed.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of nutrition education need(s) improvement in your school?  
I think that the desired parental exposure should be made available on our school website as well.

## PHYSICAL ACTIVITY

1. Allotted time for physical education meets state standards for all grades.

1 2 3 4 5 6 7 8 9 10

2. There is adequate equipment for all students to use in physical education classes.

1 2 3 4 5 6 7 8 9 10

3. Physical education is always allowed for every student, and is never cancelled for make-up instructional time or withheld as a consequence for inappropriate behavior.

1 2 3 4 5 6 7 8 9 10

4. Students are encouraged to participate in school and extracurricular activities that encourage physical activity such as Jump Rope for Heart, Relay for Life, recreation department activities, etc.

1 2 3 4 5 6 7 8 9 10

5. Physical education includes classroom instruction and periodic fitness assessments.

1 2 3 4 5 6 7 8 9 10

In your opinion, what area(s) of physical education need(s) improvement in your school?

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## SCHOOL-BASED ACTIVITIES DESIGNED TO PROMOTE STUDENT WELLNESS

1. Student and staff practice good wellness habits, including hand washing.

1 2 3 4 5 6 7 8 9 10

2. School nurses provide training that promotes wellness.

1 2 3 4 5 6 7 8 9 10

3. Breakfast, lunch, and afterschool meals provide nutritious meals that promote wellness and are available to all students wishing to participate.

1 2 3 4 5 6 7 8 9 10

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